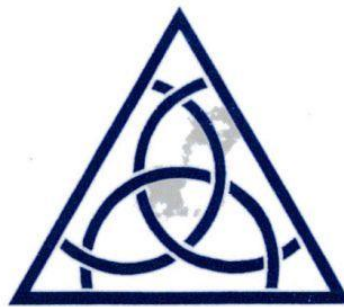


# Trinity Christian School Nursery, Primary & Secondary



TRINITY  
CHRISTIAN SCHOOL

## Relationships and Sex Education Policy

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Reviewed by SLT & Governors:	Spring 2025
Next Review Due:	Spring 2026

# Relationships and Sex Education Policy

## Policy Aims

To explain how Trinity Christian School:

- Deliver Relationships and Sex Education.
- Meet the needs of pupils and parents and reflect the community they serve in line with statutory guidance.

This policy is written with reference to the following:

- Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory Guidance (Published 2019 Last Updated 2021).
- The Equality Act 2010.

This policy should be read in conjunction with:

- British values Policy
- SMSC Policy
- Prevent Policy
- Code of Conduct Policy
- Safeguarding and Child Protection Policy

## Introduction

Relationships Education is compulsory in all Primary schools in England. Relationships and Sex Education (RSE) is compulsory in all Secondary schools.

In our Relationships and Sex Education teaching we seek to help our students flourish in all their relationships (with friends, family, fellow students and with those they will interact with in life beyond school). Healthy relationships are key to our sense of well-being and experience of being significantly 'connected' to others. It is vital, therefore, that we give young people the tools to build healthy relationships.

## Biblical Perspective

Trinity Christian School is a school with a "religious character". Our curriculum is therefore taught from a biblical perspective and is designed to help pupils become resilient in their Christian faith. Being taught from a biblical perspective, the curriculum aims to lay the foundations for individual character and attitudes that will honour God and others. As such, our Relationships Education and RSE teaching is based on our Christian faith promoting compassion, respect, tolerance and unconditional love for all people. Jesus said:

"'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.' All the Law and the Prophets hang on these two commandments."

Matthew 22:37-40 NIVUK

Our curriculum is designed to present our Creator's design for our bodies and to help our pupils follow Jesus with their sexuality. In so doing, we aim to present a holistic and Christ centred view of sex, sexuality and gender whilst acknowledging other views that exist in society and encouraging respect for all people. At Trinity, we seek to enable our precious children to make wise and informed choices about relationships and potential future marriage, whilst encouraging them to be kind and respectful of others.

## Key Objectives

In the teaching of RSE, we want our pupils to:

- Have a high degree of self-esteem.
- Be confident in their own Christian faith and understand what the bible teaches about relationships, sexuality and the possibility of future marriage.
- Develop godly attitudes and actions in their social interactions and relationships with others.
- Develop biblical wisdom in the realm of all conduct in relationships.
- Be well prepared for adult life, and the possibility of marriage and family planning.
- Develop a godly understanding about consent in a sexual relationship and understand when consent is not present and its consequences on the perpetrator and victim.
- Be non-judgemental, tolerant, respectful and loving towards others with different faiths and beliefs.
- Be mindful regarding the requirements in law of the 2010 Equality Act and protected characteristics.
- Challenge any expression of sexism/misogyny.
- Challenge any expression of intolerance, hatred, bullying or homophobia towards others.

We teach about sexual relationships in a way that is consistent with our Christian ethos:

- Sex is a good gift of a good God who wants what is best for people he loves.
- Sex is more than just a physical act, and involves the mental, emotional and spiritual aspects of our being.
- Right and wrong exist. Humans are moral beings who are responsible for the decisions they make. Consent is essential, with commitment and mutual respect being of vital importance for sexual relationships.
- All people are valuable, we need to take responsibility for others and treat them with respect.
- In British law marriage is between two consenting adults, but we recognise that many Christian churches believe the Bible to teach that marriage is the union of one man and one woman for life and the right context for sexual relationships. This is also the teaching of other faiths.

## The School's Role

Trinity Christian School works to support parents in the teaching of RSE from a biblical perspective. The school's role therefore is one of supporting and enabling the parents to fulfil their responsibility, alongside the teaching required by law. Parents are welcome to discuss the content of this teaching with the relevant teachers, as with all other subjects in the curriculum.

## Delivering RSE

We seek to ensure that our delivery of RSE will be structured to protect children's innocence without compromising clarity. Across the school this will focus on Relationships Education and in secondary this will include Sex Education.

Relationships Education includes any aspect of our teaching which deals with the interaction between the individual and others. It is very broad in its scope and is therefore integrated into many subjects, as well as being explicitly taught in Personal, Social, Health and Economic Education (PSHE) or Citizenship lessons.

Sex Education is taught only in the secondary school. The content of sex education is always taught from a biblical perspective and is designed to provide a safe environment for young people to ask questions and discuss issues.

## **RSE and Faith Teaching**

RSE will be taught from a biblical perspective and from a non-judgemental attitude that flows from this perspective. If contentious issues arise they will be discussed with sensitivity. In so doing, children will be provided with a safe environment to discuss issues of relationships and sexuality and must never encounter discrimination. The emphasis should always be to ensure that a balanced and respectful discussion/debate can take place so that all children (including those with protected characteristics) can feel valued and confident.

Where students ask their teachers or other adults questions pertaining to sex or sexuality which go beyond what is set out for Relationships Education, the school response will be age dependent.

## **Curriculum and Teaching**

Relationships Education in Primary and RSE in Secondary is taught in an integrated way throughout the school and teachers deliver age appropriate teaching in line with the maturity of the pupils. See Appendix 1 Curriculum Map for PSHE (Including Relationships Education & RSE).

## **Partnership with Parents/Carers**

We are privileged to have immense support from the parents/carers of our students. Our relationships and sex education will be significantly more effective as parents/carers also spend time discussing the issues with their children. We encourage parents/carers to teach their children about relationships and sex before they learn about it at school, or from any other source.

## **Right of Withdrawal**

Parents/carers have the right to withdraw their children from some or all of the sex education delivered as part of RSE, but not from lessons regarding relationships.

The right to withdraw is a process that involves parents meeting with the Assistant Head Teacher. The right to withdraw will only be given after such a conversation has taken place. Parents cannot withdraw their children from the relationship component of the course. If a parent has expressed a wish to withdraw their child from the course, the child, if aged 16 can reverse that request.

## **Pupils with SEND**

In essence the curriculum and topics covered are similar to RSE with mainstream pupils however, the pace and detail of topics may be different and pupils may need lots of support to generalise their learning outside of RSE lessons and support to personalise the learning to their own relationships, behaviours and maturation.

RSE learning is made accessible for all children, including those with a disability and those with a special education need (SEND) in a variety of ways which include:

- Intervention Plans (IEPs)
- Educational Health Care Plans
- Differentiated learning experiences
- Personalised Pastoral Support

## **Review**

This policy will be reviewed annually by the SLT, Governors & Staff and will be available to parents on the school website.

**Appendix 1****Curriculum Map for PSHE (Including Relationships Education & RSE)****Year 1&2 PSHE (Including Relationships Education)****Cycle 1**

Term	PSHE, Citizenship and Relationships Education Area Covered	Topic Title
Autumn 1	Be Yourself Relationships PSHE unit teaches children about recognising and expressing emotions, skills of self-regulation and positive self-esteem. Themes: 3. Respectful Relationships 5. Being Safe	God Made Me!
Autumn 2	Money Matters PSHE unit from Twinkl Life to introduce financial education, including keeping money safe, shopping, saving and spending.	Money Matters
Spring 1	This covers the Relationships area of our whole-school scheme of work for PSHE, Citizenship and Relationships Education. This PSHE TEAM unit teaches teamwork, new beginnings and cooperation, developing classroom skills like listening and making good choices. Themes: 2. Caring Friendships 3. Respectful Relationships	T.E.A.M.
Spring 2	Aiming High PSHE unit to teach children about careers, aspirations and goal setting while developing resilience and growth mindset. Themes: Citizenship	Aiming High
Summer 1	PSHE and Citizenship It's My Body unit incorporates healthy lifestyles, looking after your body, making healthy choices and consent. Themes: 5. Being Safe 3. Respectful Relationships 2. Caring Friendships	It's My Body - I am fearfully and wonderfully made
Summer 2	Britain PSHE Unit from introduces children to British Values, exploring neighbourhoods and communities, diversity and respect. Themes: Citizenship	Britain

**Cycle 2**

Term	PSHE, Citizenship and Relationships Education Area Covered	Topic Title
Autumn 1	VIPs Relationships Education PSHE unit teaches children about special people in families and friendships, and how to care and be kind to them. Themes: 1. Families and people who care for me 5. Being Safe	VIPs
Autumn 2	One World PSHE unit introduces Global Citizenship, teaching about similarities and differences with other cultures and caring for the environment.	One World

Spring 1	God made me God gave me a healthy body and mind God gave me gifts and talents God made me unique - focus on disabilities God gave me manners	God Made Me!
Spring 2	Respecting Rights PSHE unit teaches children about fundamental human rights and how we can make sure that our rights and those of others are met. Themes: 3. Respectful Relationships 2. Caring Friendships Citizenship	Respecting Rights
Summer 1	Safety First PSHE and Citizenship unit teaches personal safety indoors and out, including online safety, people who can help and the underwear rule. Themes: 4. Online Relationships - keeping safe Citizenship	Safety First
Summer 2	Think Positive PSHE unit teaches mental health and emotional wellbeing, developing gratitude, and self-regulation skills.  Finally, my friends, keep your minds on whatever is true, pure, right, holy, friendly, and proper. Don't ever stop thinking about what is truly worthwhile and worthy of praise. Phil 4:8	Think Positive

### Year 3&4 PSHE (including Relationships Education)

	Cycle A	Cycle B
Term 1a	VIPS (Relationships Education)	TEAM (Relationships Education)
Term 1b	Think Positive (Health and Wellbeing)	Aiming High (Living in the Wider World)
Term 2a	Safety First (Health and Wellbeing)	Diverse Britain (Living in the Wider World)
Term 2b	Digital Wellbeing (Relationships Education)	Be Yourself (Relationships Education)
Term 3a	Money Matters (Living in the Wider World)	One World (Living in the Wider World)
Term 3b	British Values	It's My Body (Health and Wellbeing)

**Year 5&6 PSHE (including Relationships Education)**

	<b>Cycle A</b>	<b>Cycle B</b>
Term 1a	VIPS (Relationships Education)	TEAM (Relationships Education)
Term 1b	Think Positive (Health and Wellbeing)	Aiming High (Living in the Wider World)
Term 2a	Safety First (Health and Wellbeing)	Diverse Britain (Living in the Wider World)
Term 2b	Digital Wellbeing (Relationships Education)	Be Yourself (Relationships Education)
Term 3a	Money Matters (Living in the Wider World)	One World (Living in the Wider World)
Term 3b	Growing up (Health and Wellbeing)	It's My Body (Health and Wellbeing)

**Year 7,8&9 PSHE (Including RSE)**

Specific RSE units are highlighted

	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
Year 7	PSHE What is a good citizen? Citizenship	PSHE British Values and The Law	PSHE/RSE We are a diverse society.	RSE 3/4 E Safety Online Relationships	RSE 5 Real Love Rocks Intimate and Sexual Relationships	PSHE Government, Elections and Voting
Year 8	RSE 1 Families	PSHE An introduction to Human Rights	RSE 2 Respect and Respectful relationships	PSHE Public Institutions  The Police The NHS	PSHE Character Counts	RSE 2 Respectful and Healthy Relationships  Abuse/Bullying
Year 9	RSE 2 Respectful and Healthy Relationships	PSHE The Power of Words	PSHE/RSE Conflict Respectful and Healthy Relationships 2	RSE 5 Being Safe	PSHE Government, Elections and Voting	PSHE Positive thinking

**Year 10&11 PSHE (Including RSE)**  
Specific RSE units are highlighted.

	Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
Year 10	PSHE Human Rights Rights and Responsibilities	PSHE British Values	PSHE Grace and the Law Part 1	PSHE Grace and the Law Part 2	RSE 3/4 Sexting/Nudes Dangers of Pornography	PSHE Money Matters
Year 11	PSHE Careers Education Moving On - Life After Trinity	PSHE Confidence and Resilience	RSE 5 Sex Education Part One	RSE 5 Sex Education Part Two	EXAMS	EXAMS